

WHERE TO GET AN EDUCATION IN INTEGRATIVE & FUNCTIONAL MEDICINE

The following are some of the organizations that provide education on patient-centered care that empowers individuals to achieve optimal health.

INSTITUTIONS



IFM believes health and vitality are essential to the human spirit. We work to advance the highest expression of individual health by advocating Functional Medicine as the standard of care. To achieve this goal, our work is primarily focused in

education, access, economics, research, and collaboration & development. We set the gold standard for education, training, and clinical practice in Functional Medicine globally.

The Academy of Integrative Health & Medicine is a society and global community of professionals and health seekers. AIHM provides innovative education, training, leadership, interprofessional collaboration, research, and advocacy that

embraces all global healing traditions, to promote the creation of health and the delivery of evidence-informed comprehensive, affordable, sustainable person-centered care.



Academy of Integrative Health & Medicine

The University of Arizona Center for Integrative Medicine (UACIM) is leading the transformation of health care by training a new generation of health professionals and by empowering

individuals and communities to optimize health and wellbeing through evidence-based, sustainable, integrative approaches.





The Association of Accredited Naturopathic Medical Colleges (AANMC) was established in 2001 to advance the naturopathic medical profession by actively supporting the academic efforts of accredited and recognized schools of naturopathic medicine.

The American Academy of Anti-Aging Medicine (A4M) is dedicated to the advancement of tools, technology, and transformations in healthcare that can detect, treat, and prevent diseases associated with aging. A4M further promotes the research of practices and protocols that have the potential to optimize the human aging process.



REDEFINING MEDICINE®

potential to optimize the human aging

NUTRITION PROGRAMS



Functional Nutrition Alliance is a curriculum designed by Functional Medicine Nutritionist Andrea Nakayama to educate health practitioners in the clinical and practical tools to master both the science and art of Functional Nutrition.

The Human Nutrition and Functional Medicine (HNFM) program at University of Western States (UWS) is the only fully-accredited master's program in functional medicine. It is 100 percent online and is offered as a collaborative endeavor between UWS and IFM.



UNIVERSITY of Western States



Maryland University of Integrative Health, an accredited graduate university, is the leading academic institution for integrative health in the nation. For nearly 40 years, MUIH has educated practitioners in health and wellness through transformative and relationship-centered programs that draw from traditional wisdom and contemporary science. (also offers health coaching programs)

Integrative and Functional Nutrition (IFN) therapy is a leading-edge, evidence-based, systems biology approach to patient care that focuses on identifying root causes and imbalances to significantly improve patient health outcomes .



**INTEGRATIVE AND FUNCTIONAL
NUTRITION ACADEMY™**



Dietitians in Integrative and Functional Medicine®

a dietetic practice group of the
Academy of Nutrition and Dietetics

Dietitians in Integrative and Functional Medicine (DIFM) is a specialty practice group of nutrition practitioners whose core philosophy centers around a holistic, personalized approach to health and healing. Our members integrate a variety of nutrition therapies including whole foods, tailored supplements and mind body modalities in clinical practice.



HEALTH COACHING PROGRAMS



The Coaching Center is run by the Functional Medicine Coaching Academy, Inc. (FMCA). Established in collaboration with The Institute for Functional Medicine (IFM), FMCA trains individuals to become Functional Medicine certified health coaches.

Duke Health & Well-Being's world-class program will teach you how to dynamically engage individuals to make transformational health behavior changes that maximize their health and well-being.



Duke Health & Well-Being



Our mission is to play a crucial role in improving health and happiness, and through that process, create a ripple effect that transforms the world. Integrative

Nutrition has more than 100 world-class educators who are leading physicians, researchers, doctors, and nutrition experts at the forefront of the health and wellness movement.